

Purpose: to create space where our lives are re-aligned with God, our true north.

→ What about our corporate worship times?

On Sunday, Micah shared this thought: "Our corporate worship experience in the Spirit (both onsite and online) gives us our proper motivation to live surrendered with God every moment of every day."

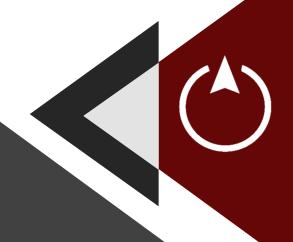
- How does our time together on Sundays empower you to live for God the rest of the week?
- Hebrews 10:25 talks about not giving up meeting together, but instead to encourage one another. What are some creative ways that you can encourage some of your brothers and sisters in Christ?

→ What about offering your body as a living sacrifice?

READ Romans 12:1-21

Consider this quote from Micah's message: "If we surrender our will to Christ's care and control, then we become more and more like Jesus. Our life becomes a living reflection of the resurrected Jesus. That kind of ongoing transformation is a lasting source of hope."

- When you think about your life last week, last month, last year in what ways are you more like Jesus?
- Who in your life expects you to become more like Jesus? And how are you proactive in this transformation process?
- How is life change (in your life and others around you) a source of hope?



Children's Corner: Live Surrendered

Mr. Micah is preaching for the next few weeks on some of our discipleship values. If you haven't had a chance to talk about those in your family, please visit our website @ www.altamesa.org under the "About Us" tab to review them. Each value has a "kid's version" on the Children's Ministry page under the "Connect" tab that will help our kids begin to understand the values with more simple language.

The value we will focus on this week is Live Surrendered & our "kid's version" of this value is: TRUST GOD → God is always worthy of trust & praise.

There are many ways to worship God! We often think about Sunday mornings at church when we say the word "worship." But there are lots of different ways to engage in worship and give praise & thanks to our God. You may come up with different activities on your own but below are a few suggestions to help you get started:

WORSHIP THRU NATURE

Nature Scavenger Hunt (click the link to access a *printable scavenger hunt*!)

❖ WORSHIP THRU ART

Paint, draw, build, take photographs, etc. of things or ways that connect your heart to God's heart. Or you can click the link to a *printable coloring page*!

❖ WORSHIP THRU SERVICE

Consider helping your kids send a note of encouragement to someone this week. Click the link to access "Thinking of You" printable cards.

❖ WORSHIP THRU SINGING

Feel free to choose any worship song that your family loves! Here are a couple of fun ones: "One Way" by Hillsong Kids

"Wonder" by Hillsong United

❖ WORSHIP THRU READING

Scripture is full of words to help us bring praise to our God – each card on the <u>Nature Scavenger</u> <u>Hunt</u> includes a passage of scripture to focus on. Reading those with your children is a beautiful way to worship through reading God's Word.

FAMILY TALK TIME: Consider these questions & then spend time praying over your children.

- Spend some time talking about each part of our Sunday morning worship services.
 - Why do we participate in these practices? How does each part help us learn to trust God? How does each part help us worship God?
- What are some ways outside of your time at church that your heart feels connected to God?

