



# LIVE SURRENDERED

Purpose: to create space where our lives are re-aligned with God, our true north.

## → What about trusting God?

On Sunday, Micah and Andria both asked the question, “What makes it difficult for you to trust someone?”

- ❖ Answer that question for yourself now. Perhaps it would be helpful to write it down.
- ❖ How does the answer to that question affect your relationship with God?
- ❖ How can you grow in your trust of the Lord?

## → What about surrender?

READ Exodus 3:5-4:17

Moses' first act of surrender was birthed from faithful curiosity; but, his second opportunity challenged his fears, anxieties and low self-esteem. God's call was to “Go. I am sending you to Pharaoh to bring my people the Israelites out of Egypt.” Surrendering something to God that you have long held onto or ignored can excruciating...but life changing.

- ❖ When you think about the obedient act of surrendering something to God, how does it make you feel?
- ❖ What do you need to surrender to the Lord?
- ❖ In times past, how has obedient surrender brought new life and hope to your life?



# Children's Corner:

## Live Surrendered

Mr. Micah is preaching for the next few weeks on some of our discipleship values. If you haven't had a chance to talk about those in your family, please visit our website @ [www.altamesa.org](http://www.altamesa.org) under the "About Us" tab to review them. Each value has a "kid's version" on the Children's Ministry page under the "Connect" tab that will help our kids begin to understand the values with more simple language.

The value we will focus on this week is Live Surrendered & our "kid's version" of this value is: **TRUST GOD → God is always worthy of trust & praise.**

### ACTIVITIES to help us LEARN & REMEMBER this truth:

#### 1) SAY IT OUT LOUD

\*It's important for us to say things out loud to help us understand and believe\*

#### **Look in a mirror & repeat this truth out loud at least 3 times:**

*"Trust God. He is always worthy of trust & praise."*

{You can write it down and read it over & over. You can have a parent or sibling say it & kids repeat it. You can even make up hand motions to help you.}

#### 2) SEE IT OFTEN

Talk with your family about **TRUST GOD: God is always worthy of trust & praise.** What is a picture, word, or phrase that helps you remember that you can trust God & to praise Him in all things?

- With parent permission, use a **dry-erase marker to write/draw that phrase/picture on a mirror** you use a lot at home so you can see it every time you look in the mirror to help you remember.
- **Make a poster** with any of those words/phrases/pictures on it to hang on your door or in your room. You could draw; decorate; paint; or even cut out pictures from magazines to glue on it like a collage to help you remember God's words of truth.

#### 3) LISTEN FOR IT

Where do you hear God's truth in His written Word?

- READ: Psalm 28:7; Proverbs 3:5; Isaiah 26:4

**FAMILY TALK TIME:** Consider these questions & then spend time praying over your children.

- 1) Is it hard to trust God sometimes? Why or why not?
- 2) What are some ways that you & your family praise God?
- 3) How can we keep learning to trust God more?

