

Children's Corner:



LIVE COMPASSIONATE

Micah is continuing his sermon series over the next few weeks about our discipleship values. If you haven't had a chance to talk about those in your family, please visit our website @ www.altamesa.org under the "About Us" tab to review them. Each value has a "kid's version" on the Children's Ministry page under the "Connect" tab that will help our kids begin to understand the values with more simple language.

The value we will focus on this week is **Live Compassionate** & our "kid's version" of this value is:

CHOOSE KINDNESS → Love others well and share the hope of Jesus.

I read recently where someone used the following definitions to help children understand the difference between compassion & kindness:

COMPASSION = feeling sympathy for someone who is going through a tough time

[sympathy = concern for the sufferings or misfortune of others]

KINDNESS = an act of being nice, helping someone in need, or helping someone going through a tough time

Take some time to talk with your children about compassion & kindness this week and how we are able to love others well and share the hope of Jesus with compassionate hearts & through acts of kindness.

READ: Colossians 3:12-14

KINDNESS SKITTLES GAME: click the link to access your printable Skittles game!
{you will need at least 1 package of skittles per family}

KINDNESS OBJECT LESSON: {you will need 1 tube of toothpaste per child}

1) Talk about the importance of our words.

- What do nice words look like? How do they make you feel?
- How do mean words make you feel?

2) Have your child squirt the toothpaste onto a cutting board, foil, or wax paper.

3) Have your child try to put the toothpaste back in the tube - you can even give them toothpicks to help. You might give them time to struggle with this for a bit.

4) Talk about how our words can be similar to the toothpaste in that once words come out of our mouths, we cannot stop what has been heard. Our words can be helpful & encouraging or they can have really hurtful effects on people. We can ask for forgiveness, but the words can still have a heavy weight on people.

5) Practice some examples of kind words or phrases together as a family.

FAMILY TALK TIME: *Consider these questions & then spend time praying over your children.*

1) What do you think of when you think about the kindness of God?

2) What helps you be able to choose to be kind to others?

3) Name at least 2 people, groups of people, or situations that you feel or have felt compassion for and why?

